

# MARIN HEALTHCARE DISTRICT

100-B Drake's Landing Road, Suite 250, Greenbrae, CA 94904

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## BOARD OF DIRECTORS SPECIAL STUDY SESSION OF THE FULL BOARD AND LEASE & BUILDING COMMITTEE

WEDNESDAY, NOVEMBER 29, 2017 AT 5:30 P.M.

### Committee:

**Chair:** Jennifer Rienks, PhD

**Member:** Harris Simmonds, MD

**Staff:** Jon Friedenber, Chief Operating Officer

**Community Member:** Brian Su, MD

**Support:** Louis Weiner, Executive Assistant

### Location:

Marin Healthcare District

100-B Drake's Landing Road, #250

Greenbrae, CA 94904

## AGENDA

## ATTACHMENT

- |    |   |                  |    |
|----|---|------------------|----|
| 1. | <b>Call to Order / Approval of the Agenda</b>   | Rienks           |    |
| 2. | <b>Approval of the Minutes of the MHD Lease &amp; Building Committee Meeting of October 25, 2017 (action)</b>   | Rienks           | #1 |
| 3. | <b>Public Comment</b><br><i>Any member of the audience may make statements regarding any item NOT on the agenda. Statements are limited to a maximum of three (3) minutes. Please state and spell your name if you wish it to be recorded in the minutes.</i> | Rienks           |    |
| 4. | <b>MHD Community Health Seminar</b><br>a. Planning: "Opioid Crisis" Event (January 30, 2018)  | Rienks<br>Naidu  |    |
| 5. | <b>MHD Annual Report 2017 Newsletter Planning</b>   | Rienks<br>Maites |    |
| 6. | <b>Adjournment</b>  | Rienks           |    |

*The next meeting of the Lease & Building Committee is January 24, 2018*

A copy of the agenda for the Meeting will be posted and distributed  
at least seventy-two (72) hours prior to the meeting.

In compliance with the Americans with Disabilities Act, if you require accommodations to participate in a District meeting please contact the District office at 415-464-2090 at least 48 hours prior to the meeting.

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## Board of Directors Special Study Session of the Full Board and Lease and Building Committee Wednesday, October 25, 2017

### MINUTES

#### 1. Call to Order

Chair Jennifer Rienks called the meeting to order at 5:30 p.m.

#### 2. Roll Call / Approval of Agenda / Approval of Minutes

*Committee Members Present:* Chair Jennifer Rienks; Harris Simmonds, MD

*Community Member Present:* Brian Su, MD

*District Board Members Present:* Ann Sparkman; Larry Bedard, MD

*Staff Members Present:* Jon Friedenber, COO; Louis Weiner, Executive Assistant

It was moved, seconded and carried to approve the agenda as presented.

It was moved, seconded and carried to approve the minutes of the Lease and Building Committee meeting of August 30, 2017.

#### 3. Public Comment

There was no public comment.

#### 4. MHD Community Health Seminar

The seminar on the California End of Life Options Act presented on October 4, 2017 was reported to the MHD Board of Directors at the Regular Meeting of October 10.

The next seminar will be on the subject of the Opioid Crisis. Dr. Ramo Naidu, MGH Medical Director of Pain Management, has agreed to present. The event will be Tuesday, January 30, 2018, 7:00 pm, in the MGH Conference Center, and will be open to the public. Dr. Matt Willis of Marin County Department of Public Health may be asked to co-present. It was suggested a pharmacist be asked to attend to discuss opioid access, and availability of Narcan. Dr. Naidu will be invited to the next meeting of this Committee to discuss details.

Suggested subjects to be covered at the seminar are to include:

- How appropriate use becomes a problem of overuse and abuse
- Recognizing signs of abuse
- Treatment
- The prescribing process and physician issues
- A “pain management contract” between patient and physician
- Types of opioids, their effects, and drug interactions

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## Board of Directors Special Study Session of the Full Board and Lease and Building Committee Wednesday, October 25, 2017

### MINUTES

- Safe handling of opioid drugs
- Certain non-opioid abuse and withdrawal problems

Publicity of this event will be extended to include flyers placed in physician offices.

#### 5. Community Health Grants 2018

The MHD Board, at its Regular Meeting on October 10, elected to commit the entire Community Health Grants budget for 2018 to the MGH Behavioral Health program. No other grant applications will be considered at this time. This may be discussed further at the Board's annual retreat meeting in March 2018.

#### 6. Adjournment

Chair Rienks adjourned the meeting at 6:05 p.m. The next meeting of this Committee will be Weds. November 29 at 5:30 pm.